

Stopping a pandemic is going to take all our tools: handwashing, masks, social distancing, and vaccines. We cannot let our guards down, taken together, these tools offer the best chance of getting back to normal sooner.

UNTIL WE STOP THIS PANDEMIC CONTINUE TO PRACTICE THESE SAFETY STEPS:



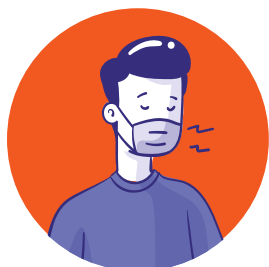
Avoid crowds and large gatherings



Get the COVID-19 vaccine and your annual flu shot



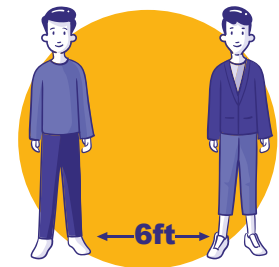
Wash or sanitize your hands often



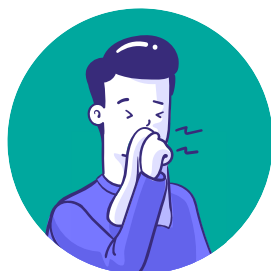
Wear a mask that covers your nose and mouth around others that do not live in your home



Clean and disinfect frequently touched objects at home and work



Stay 6 ft (2m) apart from others that do not live in your home



Get tested if you have symptoms or if you have been around someone with COVID-19

SCHEDULE A FREE TEST ONLINE AT [COVCHECK.HCTX.NET](https://covcheck.hctx.net) OR 832-927-7575